Trinity United Methodist Church 1809 North Main Street

Anderson, South Carolína

## **Ramblings from Rev. Roy** There's an app for that! Whatever *that* is!?! A Bible app. A giving app.

There's an app for that! Whatever *that* is!?! A Bible app. A giving app. A restaurant app. A church app. A bank app. A health app. A nutrition app. A meditation app. You get the idea. There's an app for just about anything and everything.

An **app** is "a computer program or software **application** designed to run on a mobile device such as a phone, tablet, or watch" (according to Wikipedia).

As far as I know....there is no Holy Spirit app. You can't always just click on it. But I do attempt to be *contemplative* throughout the week especially as I am preparing to write a sermon; however, sometimes a Holy Spirit app would be really nice when waiting for inspiration and direction.

When I state that I attempt to be *contemplative*, you may wonder what I mean exactly? More than thirty years ago Eugene Peterson wrote *The Contemplative Pastor*, criticizing the perception that pastors had become corporate managers and had abandoned their proper work......which "is shaping communities attentive to the work of the Holy Spirit."

I assume, right or wrong, that folks who participate in a church have a desire for spiritual growth, and our approach to ministry should follow a path that above all else becomes open, available, and responsive to the transforming work of God's Spirit.

So I have developed an app for that - let's call it a *contemplative app*. Oh! It's not a computer or software application. It's a **life app**.

A = Attentiveness. Pay attention to the present moment. Be attentive to the situation in front of you - whether it is a person, or a challenge, or opportunity. Jesus once criticized Martha not for her many tasks but for being distracted by them—which might mean that he believed she could have been attentive to him through or in spite of her many tasks (Luke 10: 38-42). I have always liked the Quaker understanding that all of life is a gift, a sacrament of God's presence and grace. We are to savor it like that first cup of coffee in the morning, delighting in the aroma and flavors of each sip.

P = Patience. "The heart of patience is the willingness to be out of control. ....To be patient is to accept that reality, trusting that ...God's own Spirit—is still in the situation, transforming it into one of possibility," (L.Roger Owens, Professor at Pittsburgh Theological Seminary and author of *Everyday Contemplative: The Way of Prayerful Living*). I like that idea. I know that whenever I go into a hospital room or nursing center to visit, I have no control. Whenever I go into any room with other people, whether for a meeting or a study or a LifeGroup .... I have very little (if any) control. But with practice and patience, I continue to learn and attempt to receive this as a gift. I believe one must be able to relinquish one's own agendas and to let go for God's Spirit to prevail through a shared openness. That takes patience.

P = Prayer. Prayer reminds us to pause and give thanks to God for life. It helps give our fullest attention to God, so that we can better listen, hear, and see where God is working and leading. It helps us consider our neighbors and those in need. Prayer connects us in relationship to God and others, and thus makes life more complete and whole.

So that's a **life app** I use. It's meant to be a *contemplative* openness to God. Some days the app works better than others, but that is the user's fault. It is technically still in the developmental phase. But maybe this life app will help you grow spiritually, as I think it does for me. Together we can truly be a *contemplative* community seeking openness to God's Spirit …because there's an **app** for that!

Grace and peace,

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Church Office Hours

Monday-Thursday 8:30 am—2:30 pm Friday—Closed

# **August / September Worship 2023**

We will be ending our summer series on "The Path of the Disciple" on August 20. Then we will have two very special weeks of celebration: August 27 will be a celebration of our summer mission and ministry with various testimonials from our members. On Sunday of Labor Day weekend, September 3, we will have ONE combined service at 11am followed by tacos and cornhole. And to close out September, we will have a three week series called "We Are the Church Together." Don't miss the fun and the moving of the Spirit.

#### "The Path of the Disciple"

August 6 - "Wrestling with Our Hunger" - Rev. Roy Mitchell August 13 - "What Are You Seeking?" - Rev. Roy Mitchell August 20 - "Is It Fair?" - Rev. Roy Mitchell

#### "Celebrate Good Times"

August 27 - Celebration of Mission and Ministry -Rev. Roy Mitchell

September 3 - ONE Combined Service @ 11am (Labor Day Weekend) -Rev. Kathryn will be preaching on Exodus 14:19-31

#### "We Are the Church Together"

September 10 - "Rediscovering the Purpose and Power of the Church" - Rev. Roy Mitchell September 17 - "Solomon's Porch" - Rev. Roy Mitchell September 24 - "Joy in Sacrifice" - Rev. Roy Mitchell

**The Oasis Service @ 9:00am in our Fellowship Hall** - our version of a modern, laid-back service with a praise band, family tables, community prayer, holy communion, and message.

**The Traditions Service - @ 11am in our Sanctuary** - Traditions have a place here: choirs, handbells, hymns, liturgy, and sermon.

Sunday Worship Live Stream - both services are live streamed Youtube: https://www.youtube.com/@trinityunitedmethodistchur907 and Facebook: https://www.facebook.com/tumcandersonsc

# Red Shoe Reflections with Rev. Kathryn

I had a discussion with a friend the other day about the difference between Chronos and Kairos time. Chronos time is the time we see pass on the clock and the calendar. This is the time that tells me that I am late with this article and need to give Ms. Brenda a big thank you for being gracious with me. Chronos time is the time we use



to schedule our lives, it's linear and moves ever forward at the same pace regardless of if we want it to or not. Kairos time is God's time. Kairos, be it a moment or a day, is when we live in God's time. Kairos time is the time where we live life to the fullest, when we experience God to the fullest.

It is so easy to get caught up in Chronos time, we use it all the time. It schedules our lives, helps us to be where we need to be when we need to be there; it gives structure to our lives. There is nothing wrong with Chronos time, in fact, it makes our lives easier. The only problem with Chronos time is that it can get in the way of Kairos time. When we worry about deadlines, schedules and what happens next, we forget to look for and live in the moment. We miss the moments when God winks and we see a bit of heaven on earth. These are the moments that make our lives worth living, these are the times that make memories that we cherish for years.

Can we live fully in Kairos time? I say yes but we have to work for it. We have to be willing and ready to see God at work at all times, even when Chronos time is telling us that we are missing the focus. I have said it before, but a wise friend once said that "ministry happens in the interruptions." Rather than let the interruption lead to frustration, we have to live in Kairos time and see what God has in store for us. We have to allow the spirit to move us to put aside what we think is supposed to be happening at that moment.

I long for more Kairos time, but I struggle to put Chronos time to the side. I also find that the more I focus on Chronos time, the more I desire Kairos time. I don't just desire it, I need it. I need to let God and God's time, run my schedule and not my calendar. Better yet, perhaps I need to offer up my calendar to God in prayer and let God fill my days first and then work in my earthly meetings. As we start a new month and head back to school, it's a time to start some things over. My goal is to focus more on Kairos time; I invite you to join me and let's see what marvelous things God will show us together.

# **Trinity Financial Update**

The General Fund is our non-designated fund from which our operational expenses are paid.

<u>General Fund</u>	<u>June</u>	
Beginning Balance	\$	6,672.72
Income	\$	33,005.60
Transfers	\$	4,803.44
Expenses	\$	44,480.76
Ending Balance	\$	1.00
Monthly Mission	\$	505.00
Apportionments Due Apportio	nment Fur	nd Balance
\$76,916.00	\$	2,290.00

# Thank You for Your Gifts!

#### Ways to Give:

Sunday offering—place in designated offering boxes

In Person—drop off at the church office

Online—trinityanderson.org/giving-2/ then choose the fund to which you wish to give

Mail— Trinity United Methodist Church 1809 N. Main Street Anderson, SC 29621

# **Online Giving**

You may give online at www.trinityanderson.org/giving-2/. Create your own account by visiting the website and clicking on give and following the instructions there. Creating your own account lets you monitor your giving at any time during the year. For those who wish to give one-time gifts, you may also do that by clicking on "click here to give now." You do not have to create an account to give one time. There is an option to contribute an additional 3% to help cover fees for your online transaction.

Certain funds are already listed. If you do not see a fund to which you wish to give or make a payment, choose one that is closely related and make a note in the comment section or send an email to trinityadm1809@gmail.com with the details of the transaction. Thank you!

## **Notes to Trinity**

Thank you for supporting the ministry of Children's Home. Epworth Your support provides the caring staff in the cottages and the programs that provide an opportunity for each child to lead a fulfilling and productive life. Thank you for believing in Epworth's mission and in the future of children and families at Epworth.

Beth Williams, President

Dear Trinity Family,

Thank you for your cards, phone calls, and especially your prayers during my recovery from stents and my recent hospital stay.

> God Bless You, Ray Bunnell

# Sympathy

The Trinity Congregation expresses Christian love and sympathy to

- Pam Hursey on the death of her father, Clark Brown
- Patty Truzzi on the death of her husband, Max
- The family of Joy Thorne

#### Gifts General Fund

In honor of Margaret Cox by Alan & Beryl Barclay

In memory of Berry Cox by Alan & Beryl Barclay

**Choir Fund** In memory of Aletha Thomas by Archie & Cora Norris



# **Stephen Ministry News**

# God's Love in AC计ION

There are times when every one of us experience life difficulties-

Loss of a loved one

Cancer

Disability

Spiritual Crisis

- Divorce
- Job Loss
- Rehabilitation
- Relocation/move
- Loneliness
  Caregiving child/adult
- Discouragement
  Other life challenges

God never intended for us to go through these experiences alone. That is why God has brought us together as a congregation - and why we have Stephen Ministry. "Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28

Stephen Ministers are members of our congregation who have received many hours of caregiving training to minister to people experiencing a crisis, facing a challenge, or simply going through a tough time. A Stephen Minister will meet with you – privately and confidentially – on a weekly basis to listen, care, encourage, support and remind you of Christ's presence in your life.

To learn more about Stephen Ministry for yourself, a family member, a friend, neighbor or someone you care about, talk with Rev. Kathryn Bariou, Trinity's staff Stephen Leader at kmbariou@umcsc.org or Rev. Roy Mitchell at rmitchell@umcsc.org or by calling 864-224-2531. Our Stephen Ministers are here to care!

# United Women in Faith Trinity United Methodist Church

#### Calendar of Activities at a Glance:

<u>August 5</u> – 9:30 am Social Action Event – Asbury Hall

<u>August 25</u> – 2023 Reading Program Lists due to qualify for certificates.

<u>September 20</u> – 10am Unit Meeting – Asbury Hall

<u>September 30</u> - Anderson District 51<sup>st</sup> Annual Meeting- Zion United Methodist Church, 5708 Highway 187, Anderson

#### **Details of Activities:**

<u>August 5 – Social Action Event:</u> Our Social Action Mission Coordinator, Pamela Miller, is planning a motivational morning of learning together. A speaker from local mission **Clean Start** and video on **Food Insecurity** will inspire our prayers and action. Collections for both issues are planned.

<u>Clean Start</u>: white socks, underwear/large and extra large, Q-tips, soap, toothbrush, toothpaste, shampoo, Vaseline, face cloths, mouthwash, toilet paper, paper towels <u>AIM Food Pantry</u> – non perishable foods, canned goods, rice, beans, cereal, oatmeal, jelly, peanut butter, crackers

#### Asbury Hall

<u>9:30 am</u> Gathering +refreshments <u>10:00 am</u> Welcome, Clean Start Speaker, Food Insecurity video <u>11:15 am</u> Discussion + action plan <u>11:30 am</u> Closing prayer

#### Reading Program lists due August 25

It is time to report your book reading to qualify for a Reading Program Certificate.

To receive your certificate turn in your book titles to Beth Addis, our unit's Secretary of Program Resources. You may drop off your report at the church office or email Beth at baddis1108@yahoo.com. A phone call to Beth is advised so she is aware you have submitted your list. #864-314-5932 The Reading Certificates are awarded to our unit at the Anderson District 51<sup>st</sup> Annual Meeting. We will present the awards at our Fall Celebration in November.

We hope to see you at our next Trinity UWF meeting September 20th, 10 am in Asbury Hall. A business meeting will precede the program presentation.

We invite you to consider a leadership role for our Trinity United Women in Faith. The election of our 2024 officers will take place in November. Please give serious prayer and consideration to increasing your involvement in our organization. Saying yes to leadership will add blessings to your spiritual life. The 2023 officers are available to answer any questions.

United Women in Faith has a new mailing address for donations to the Legacy Fund. Mail your donations to:

United Women in Faith Church Center for the United Nations 777 United Nations Plaza, 11th Floor New York, NY 10017

#### Please continue to collect pull tabs from

**lids of canned goods.** They are donated to Ronald McDonald House/Greenville which provides free of charge housing to families while relatives are in the hospital.

<u>United Women in Faith Vision</u>: turning faith, hope and love into action on behalf of women, children and youth around the world.





# August Edition

What's Happening in a Glance



Hello, friends! This summer was action packed and a wonderful time of fun and fellowship. It is time to slow down and get back in the groove of life. This month we will be studying the story of Ruth. Disciples must Bee kind. Kindness is a tough word to define. It is easy to know what it is when folks see it and when they don't. I can describe acts of kindness but the word kind... that is tricky. It is being nice, but more It requires more than just words and a bit of compassion mixed with care and concern. Kindness requires a little extra but produces huge results. Ruth has a tough situation. She loses her husband and she has to figure out how to provide for herself. Times were different back then; women didn't have the ability to go to work and take care of their families if their husband died or was no longer able to work. Her husband's mom, Naomi, was also in trouble. No son to care for her and she had no living husband. Ruth could have just been concerned about feeding herself and Naomi encouraged her to just help herself, but Ruth refused to leave her mother-in-law behind. Ruth turned a ME upside-down. She made a WE where a Me should have been. Kindness has a way of doing that; it alters the view, flips it over, turns it around and changes self-ish to self-less. The greatest act of kindness came in the form of a baby who grew into a man who saved the world from self-destruction. Nothing to gain but everything to give. Jesus looked down from the cross to make arrangements for his mother to be cared for in His absence but He also made provisions for all of us. Food? He gave us Bread of Life. Water? He is the Living Water. A home? His Father has many rooms and He was going to prepare a place for us. Comfort? He gave us an example of how to treat each other and a community of believers (the church) to gather together in love. As the church, we have the same opportunity to do what Ruth did - look out for others over the one. Are we planting seeds of wheat that God will use to provide Bread of Life to the world? Are we carrying our buckets to the well to fill up on Living Water to water thirsty souls? Are we inviting the most vulnerable, the least desirable, the ones who have nothing at all to offer us to join us on our journey to transform the world by making disciples? Our Father's house has many, many, many rooms. Wouldn't it be truly sad if even one of those rooms is empty because we did not invite someone to come with us? Bee like Ruth; bee kind.



August 4 – Game Night (Sharing Our Faith) 5:30 – 7:30 P.M. Sandwiches, snacks and drinks will be served. We will have a game night and discuss how much fun sharing our faith is. RSVP for set-up and supplies.

**August 5** - **Drive Game** - Kids, Youth, Families, Singles - all are invited to come out for a ball at the ball game. Click on the link on the website (see below) to purchase tickets reserved for Trinity. Use **code tumc23** to log in to the portal.

https://gd6.glitnirticketing.com/gdticket/web/logingroup1.php?&refresh=1688671180

Our **Prime Time Live** meals start back on **August 16**, along with our midweek KIDS Bible study. Come out and eat supper and hang out after for a little fun and fellowship with our midweek groups. We will have pick up from the gym as we did before summer.

#### Words to Ponder:

"A kind gesture can reach a wound that only compassion can heal." -Steve Maraboli

#### **Dates for August**

Sunday School 10:00 AM - 11:00 AM **Lesson: Bee Kind** (Ruth) August 6, 2023

Lights, Camera, Action! August 13, 2023

Science Lab

August 20, 2023 Arts and Craft

August 27, 2023 Snack

#### \*JAM Session\*

3rd—5th Grade Bible Study August 18, 2023 @ McDonalds (1651 Greenville St.) 3:30 PM - 4:30 PM Bring your Bible and \$\$ for a drink or snack.

#### Key Passage:

May the LORD repay you for your kindness, and may your reward be full from the LORD, the God of Israel, under whose wings you have come to take refuge. Ruth 2:12 AMP

> Follow us: facebook.com/ trinityandersonkids

**Remind 101 -** text @kfcceb to 81010

**Midweek Wednesday Night Bible Study** returns August 16. All 1st - 5th Graders meet on Wednesday nights that coincide with our Prime Time Live meals. They can eat supper with the family at 5:30 PM (donation requested to cover cost). Then, at 6:00 PM they can head upstairs for lessons and activities until 7:00 PM. They can get picked up from the children's wing classrooms at 7:00 PM or hang out with their friends until 7:30 PM for dismissal directly to parents' cars at the gym door. **NOTE: The drive beside the gym is a one way drive**. Please use caution.

# The Well Youth Ministry

#### August 5

7:05 pm

First Pitch Greenville Drive Game

August 6 5:30 pm

The Well

August 13 5:30 pm

The Well

August 16 5:30 pm

Midweek Youth

August 17-19 8:30 am—1 pm or Rebuild Upstate 1-5 pm Service Opportunity

August 20 5:30 pm

The Well

Au<u>gust 23</u> 5:30 pm

1-5 pm

Midweek Youth

<u>August 24-26</u> 8:30 am—1 pm or **Rebuild Upstate** Service Opportunity

August 30 5:30 pm

August 27 5:30 pm

The Well

Midweek Youth

#### Greenville Drive Game:

August 5 - Drive Game - Kids, Youth, Families, Singles - all are invited to come out for a ball at the ball dame. Click on the link on the website (see below) to purchase tickets reserved for Trinity. Use code tumc23 to log in to the portal. Tickets are \$11 through the portal.

https://gd6.glitnirticketing.com/ adticket/web/logingroup1.php? &refresh=1688671180

#### **Rebuild Upstate:**

Please see page 8 for service opportunity information.

## What is The Well?

The Well (aka the Trinity youth group), based on John 4, is where we come not only to learn about the living water offered by Jesus, but also to live and grow in relationship with the living God and in relationship with each other.

We strive to experience God through teaching, events, service, and fellowship.

We would love for you to join us for one of our upcoming events!

# Facilities / Campus Report August 2023

We are continuing with our normal summer facility maintenance projects and addressing various forms of preventive maintenance within our operations to protect our investments and keep some older equipment running smoothly for as long as possible.

With assistance from our new Sexton, Jerry Norris, our Preschool / 1<sup>st</sup> floor Education Wing tile floors received a strip, seal & wax treatment.

We completed our required Fire System inspection and upgraded some dated equipment along with inspections on our Burglar Alarm System & Network.

Our Lawn Management Program has benefited from the seasonal fertilization treatments and some nice summer rains.

With funding from our Endowment Program, we are replacing the roof on the Trinity House. This project was planned a few years ago as part of our 5-year Trustee Projects Plan.

We are also upgrading some dated WiFi equipment around our campus. This project is also funded by our Endowment Program.

We would like to add more people to our Safety Teams for both Sunday services. Our Safety Team members greet and welcome our arriving attendees near the parking lots, give directions and assistance as needed, watch and report any suspicious activity. We do not act as Police officers or carry guns. The service we provide is friendly, helpful, and welcoming in a Christian atmosphere. We welcome both men and women above the age of 21. We also have a location inside for distance observations for those unable to serve outside. Contact me during office hours for more information, signup, training or questions regarding our Safety Teams at Trinity UMC.

Enjoy your summer! Peace, David Ford, Business & Facilities Manager <u>davidtumc@gmail.com</u> 864 224-2531 ex.206 office 864 933-0795 cell

# **Monthly Mission News**

Did you know that a 4x8 sheet of plywood costs \$32? A box of 2 inch nails is \$2.50. A package of shingles is \$35. Ten feet of <sup>3</sup>/<sub>4</sub> inch PVC pipe is \$6.30. You may need 32 sheets of plywood just for the roof of one house. It adds up quickly. As we partner with Rebuild Upstate this month, we are also focusing on them as the recipient of our Monthly Mission offering. These funds will help cover costs in all areas of the organization.

Rebuild Upstate's approach to affordable housing differs slightly from other affordable housing organizations, in that they don't offer total new home construction or provide affordable rental housing. Instead, they focus solely on home preservation and repair as means to keep residents in their own homes.

By understanding the needs of the people inside a home, they gain a better insight to the repairs that will help them the most. Whether addressing safe entry and exit by building a new wheelchair ramp or ensuring that a family is healthy and dry under a new roof, the goal of every home repair is to make sure the residents may remain comfortably in place for years to come. That's why Rebuild Upstate takes a holistic approach to affordable housing by partnering with other fantastic community organizations to help address the symptoms of subpar housing and empower individuals to break the cycle of poverty.

We will be partnering with Rebuild Upstate two weekends in August. Our work days are August 16-19 and 24-26. We will have morning (8:30-1) and afternoon (1-5) work shifts as well as opportunities to provide lunch and drinks to those who are working on site. Sign-up for all jobs will be available soon.



# Trinity UMC LifeGroups

#### What is a LifeGroup?

A LifeGroup is based upon the early Wesleyan/Methodist "class meetings." It is a small group "organized around a common desire to support one another in their efforts to become increasingly faithful Christians who are growing in love of God and neighbor" (p.6, "The Class Meeting" by Kevin Watson). It is not an information-driven group such as a Bible study or book study. There is no curriculum. A LifeGroup is a transformation-driven group focused on our experiences of God and growing in faith in Christ.

#### What are the current opportunities?

Beginning August 16 (the start-up of our Wednesday night meals together), there will be two opportunities to join a LifeGroup. One LifeGroup will meet at 4:30 pm in Asbury Hall, and the other LifeGroup will meet at 6:15 pm in Asbury Hall.

#### How do I join one?

You show up! That's the easy part.

Class meetings (which we call LifeGroups here at Trinity) were the most important and most basic practice of early Methodists.

"We have no doubt, but meetings of christian brethren for the exposition of scripture-texts, may be attended with their advantages. But the most profitable exercise of any is a free inquiry into the state of the heart. . . . Through the grace of God our classes form the pillars of our work, and, as we have before observed, are in a considerable degree our universities for the ministry." - Francis Asbury and Thomas Coke, 1798 Doctrines and Discipline



## <u>I Believe, Help my</u> <u>Unbelief</u>

This short phrase in Mark 9:24 illustrates where find we ourselves in life. We have faith and believe but life events shake us and our faith. We believe God can and will yet, we struggle to fully trust God at times in our lives. Join us on Sunday, August 27, 2023 at 3 pm in Asbury Hall for this 4 week study. We explore examples of great faith and belief as well as times that faith seemed to struggle and how we may relate to this passage throughout our lives. A Bible is all vou will need for this study. Dates are Aug. 27, Sept. 10, 17, and 24.

Questions? Contact Rev. Kathryn at kmbariou@umcsc.org.

# Young at Heart (YAH) Ministry News

Our Young at Heart (YAH) Ministry is for those age 50 and older and seeks to fulfill our mission of making disciples for Jesus Christ by providing opportunities for fellowship with each other and our guests, by having new experiences that help us grow, and by still finding ways to serve and make a difference in the lives of others.

A variety of opportunities that include day trips, lunch gatherings, unique craft opportunities, and more are planned for our "Young at Hearters." These are based on the results from your input from our May and June luncheons. Here's a glimpse of what's coming! More details will be provided later.

#### <u>Events</u>

August (Date TBA) - Having had luncheons in May, June, and July, we'll switch gears and do something for our members who are working to repair homes through "Rebuild Upstate." August 17-19 and 24-26, teams of 10-15 members from Trinity will work on a home in Anderson that needs repair to make it livable for an elderly couple. Our Young at Hearters will provide a meal or refreshments or contribute funds to do so for one of the teams.

September 22 - A Day trip to Hendersonville, NC to the apple orchards with lunch either at Chimney Rock or Lake Lure.

October 18 - A lunch outing and visit to Timms Mill (watch them make home-made grits - YUM!)

November (Date TBA) - A catered Thanksgiving meal at the church

December 20—An afternoon of desserts and finger foods with Christmas bingo.

**Reservations** for the September thru December events will be made by calling the church office.

In addition, we are working on designating a Young at Heart room for crafts, studies, planning, small group activities, etc., in which supplies may be stored and items such as angels, fabric crosses, decorative door crosses may be made—some of those to keep; others to share with love persons and perhaps others.

We look forward to being with you all for these events and any others that may arise and also to your continued input for ideas. In September, the Young at Heart Ministry team will meet again and begin to plan for 2024. Members of the team are Bob & Cindy Hill, Pamela Miller, Sherry Windell, and Carolyn Brashear.

-Carolyn Brashear



#### **Outreach News**

Casting Purls August 3 & 17 Join our Casting Purls ministry (our knitting and crocheting crafters) in

Asbury Hall from 1-3 pm. Contact Pamela Miller (864-314-3241) or Cynthia Keesler (864-276-4406) for more information.





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Trinity United Methodist Staff		
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Rev. Steve A. Patterson, JrAnderson District Superintendent		
Rev. Roy MitchellPastor		
Rev. Kathryn BariouMinister of Discipleship and Outreach		
Mrs. Brenda StephensAdministrative Assistant/		
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Mr. Jerry NorrisSexton		
Mrs. Rosalie HovencampCommunications/Media Coordinator		
Oasis Worship Leader		
Mrs. Tiffany FowlerDirector of Preschool		
Church OfficePhone: 224-2531		
Fax: 224-2532 Preschool: 224-9082		
www.trinityanderson.org www.facebook.com/tumcwell		
Office hours Monday - Thursday 8:30 am - 2:30 pm Friday Closed		

